

Consent to be Contacted Form

Study: An exploration of the factors influencing pregnant and parenting young women's decision-making regarding their smoking behavior ("Pregnant & Parenting Young Mother's Smoking Study") (PPYMSS)

The 'Pregnant and Parenting Young Mother's Smoking Study', examines factors that influence pregnant and parenting young women's smoking behavior in pregnancy and postpartum. The study also explores young women's attitudes towards and experiences with community supports and services designed to help pregnant and postpartum women reduce or quit smoking.

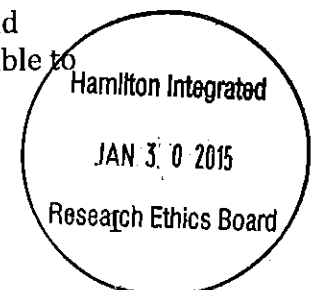
You are being invited to join this study because you are:

1. Between the ages of 16-24 years
2. Are currently pregnant or up to 2 years postpartum (24 months after birth)
3. Smoked cigarettes regularly prior to pregnancy (at least one cigarette/day)

In this study you will be asked to complete an interview (by telephone or in-person) lasting roughly 30 minutes to an hour. During this interview you will be asked to tell us about your smoking behaviours prior to pregnancy, during pregnancy and if applicable, after your pregnancy. We will discuss the factors that influence your smoking behavior and your personal experiences trying to reduce or quit smoking after becoming pregnant. We will also discuss how you think young women, such as yourself, could be helped in their efforts to quit smoking. At the end of the interview you will be asked to complete a short questionnaire asking about individual and family characteristics to help us describe our study sample. You will be asked for consent to be re-contacted for additional research purposes (such as the option to complete a second interview and to receive a summary of study findings, if you so wish).

If you choose to participate, the researcher will contact you to schedule an interview at a date and time that is most convenient for you. You will be able to choose if you would rather a telephone interview or an in-person interview in which you will be visited at a pre-arranged, safe and private location to complete the interview. All information collected during the interviews and throughout the questionnaire is strictly confidential.

As a thank-you for your participation in the interview, you will receive a \$15.00 gift card for Shopper's Drug Mart or President's Choice gift card, as per your preference. An additional \$5.00 will be added to your gift card value for agreeing to participate in a second shorter interview (roughly 30 minutes) to confirm themes and preliminary study findings. In addition, information about local supports and services that can help you in your effort to quit smoking will be made available to you.



If you do not wish to participate in the study or if you wish to stop participating at any time, you are free to do so without any consequence. Signing this form does not indicate you are consenting to participate in the study, it merely allows the researcher to contact you at a later date to determine if you would be interested.

Thank you so much for your time. If you have any questions or would like more information about the study please feel free to contact the researcher, Jamie Dawdy, at 905-616-0541. We look forward to speaking with you in the near future!

I have read the above description and I am interested in being contacted about the study.

Print Name: _____

Birth Date (yy/mm/dd): _____

Email Address: _____

Phone Number(s): (Home) _____ - _____ - _____

(Cell) _____ - _____ - _____

Today's Date: _____

Signature: _____

Please return this form to researcher, Jamie Dawdy, by putting the form in one of the provided opaque, sealed envelopes and place in designated drop box on Unit for pick up. Please call 905-616-0541 or email (dawdyjl@mcmaster.ca) to advise of drop-off of this 'Consent to be Contacted Form'.

